

The Three Principal Aspects of the Path, a classical Buddhist text which was written by Great Lama Tsongkhapa in 15th Century in Tibet. Rinpoche will guide stages of meditation based on The Three Principal Aspects of the Path. He will lead a short meditation which follows Q and A session at the end. This class holds on Fridays on March 8, 15, 29 and April 12 at 6:00 PM at our Center. For detailed schedule and venue, please visit the Center's event/program information.